SAINT LEO COLLEGE

MONARCH

Saint Leo, Florida 33574

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No Swimming!!

By John A. Merullo and Jeffrey W. Brlecic
Monarch Staff Writers

Although the Health Department of the Department of Environmental Regulation has given Lake Jovita a clean bill of health, Saint Leo College students still have not received the go-ahead for swimming and other water sports.

Last October, the Monarch reported on plans made by the Town of Saint Leo, the City of San Antonio, and Saint Leo College to clean Lake Jovita (a. k.a. Clear Lake) which had been contaminated by local sewage.

Now, the question remains, "Is the lake clean yet?" In the words of college's physical plant director Bill Creighton, "You'd better believe it's clean!"

The problems with lake contamination began four years ago when the state department of Health and Rehabilitative Services tested the bacterial count of the lake. This test showed that in certain sections of the lake, there were high concentration of coliform (colon bacteria).

The bacteria were originating in a sewer pipe that serves the college as well as Saint Leo Abbey and Holy Name Priory. Bacteria were also coming from septic tanks and orange groves in the immediate area.

Mr. Creighton explained that the contaminated water would seep into the underground watertable, and when a heavy rain came along, it would all be washed into the lake.

All leaks in the pipeline, including two very large leaks behind Villa Hall, have since been repaired.

The "clean bill of health" was given to Mr. Creighton, who had spearheaded the lake-cleaning in mid-April. This followed a four-phase cleaning process, consisting of locating the leaks, recommending corrections, supervising corrections, and testing.

Since the lake has been clean, boating and fishing have been allowed on all parts of the lake. However, the college declined obtaining a beach permit.

Creighton says that the responsibilities for recreational uses of the lake were turned over to the Division of Physical Education, who, according to Creighton did not want swimming in the lake.

In an interview with Norman Kaye, chairperson of the Division of Physical Education, it was discovered that recreational swimming in the lake has not been encouraged by the college since the erection of the swimming pool in Mar. 1970. Kaye states that the prominant reason for not encouraging swimming the lake is the array of liabilities that the college would open itself up to. The greater risk, Kaye feels, would be an accidental drowning by an unexperienced open water swimmer. Kaye says that for recreational swimming, the pool is the area of choice because of the ease in which it can be monitored by trained lifeguards.

Kaye did disclose that there are plans in the making for reopening the boathouse and allowing boating and fishing on the lake. In addition, water skiing classes are offered during the summer session for any students wishing to learn. For those students interested in swimming in the lake, the City of San Antonio runs a beach on the west side of the lake. It is open every weekend. There is a nominal admission fee.

Saint Leo College Army ROTC conducts FTX

By Jeffrey W. Brlecic
Monarch Staff Writer

On Nov. 11 fourteen select cadets from Saint Leo Army ROTC embarked on a Field Training Exercise (FTX) at Camp Blanding, Florida. The operation was a joint exercise conducted in conjunction with cadets from USF, Tampa, USF St. Petersburg, Eckerd College, and St. Petersburg Junior College. Together these five campuses make up the Suncoast Battalion.

The training consisted of manuevering over a land navigation course, negotiating an obstacle "confidence" course, firing M16A1 rifles at stationary targets, rappelling from a forty-five foot tower, and bivouacing in the rain.
In all eighty cadets participated in the FTX.

Training, conducted by Military Science Level IV Cadets, started with land navigation on Saturday morning. This exercise consisted of finding various numbered points scattered throughout the woods. The cadets were told to locate three of these numbered points. They were furnished with a compass and a piece of paper telling them directions in geometric degrees and distances in meters. The cadets were given two hours and forty-five minutes to complete the course. After much confusion, collusion, and outright wandering the cadets reassembled for the next phase of training.

Ephra Valez negotiates the inverted low crawl under barbed wire.

See page 7 for more photos.

The cadets left the land navigation site by foot, conducting a tactical road march. Upon arrival at the next training site, the cadets broke for lunch—assorted dehydrated and vacuum packed foods (in military language these are called "Meals Ready to Eat" or MREs). After finishing lunch, the cadets were trained on how to fire the M16A1 rifle. The rest of the afternoon was used for the practical application of their newly acquired skills.

The confidence course consisted of twelve physically demanding obstacles which had to be negotiated by each cadet. There were walls to climb, ropes to climb, logs to balance on, logs to crawl over, dirt to crawl through, monkey bars to swing through, and even a ladder to climb down headfirst. The rappelling consisted of a forty-five foot wall rappell, a forty-five foot free rappell, and lots of push-ups during the interim. Both the confidence course and the rappelling tower are ways in which the Army allows soldiers to gain self-confidence. These exercises expose weaknesses and strengths and instill confidence in oneself, one's peers, and one's leaders.

By one o'clock, all of the training had been completed. After weapon cleaning, showers, and lunch, the cadets were on the road. By five-thirty they had arrived back at Saint Leo eagerly anticipating the comfort of a dorm room they never thought they would call "home sweet home."

Shirley Rajamaki, left, and B.J. Howard pack food baskets from Educational Services office.

Campus Ministry reaches out to the poor

Campus Ministry today sponsored a food basket drive in observance of Thanksgiving, blessing donations for local poor.

Traditionally, Campus Ministry has sponsored the Thanksgiving Food Basket Drive in which campus organizations gather canned foods and arrange them in baskets for the needy. The baskets are distributed to the homes of migrants, transients, and other needy individuals.

Last year the Campus Community donated 42 baskets. More than 30 had been pledged by press time, Nov. 15.

In addition, the Ministry is also taking cash donations that will help defray the cost of distributing the baskets. Each donation, whether basket or cash, is considered a basket for the count.

If any individuals, groups, or organizations are interested in contributing a basket, please feel free to contact either Sister Geraldine Warthling, Ext. 8331, or Mary Beeman (Chairperson of Campus Ministry Service Committee), Ext. 8674.

Thoughts on Thanksgiving

By John A. Merullo
Editorial Staff

What does the word "Thanksgiving" mean to you? For most people, this word conjures up images of turkey, cranberry sauce, pumpkin pie, Macy's parade, and football games.

This, of course, is not what the word truly means. One dictionary defines it as "giving thanks to God."

Think back to the story of the first Thanksgiving Day that you learned about in elementary school. The Pilgrims gave thanks to God that they had received an abundant harvest. They were thankful that they were living in a land where they could worship the way they saw fit. They were thankful for the fact that they were alive after the harsh winter the year before, which had killed many of their comrades.

For how much do we have to be thankful? Surely, being able to attend college is a blessing. What else? Food, for one thing. . . so many people in this country — some in our own area — will have no Thanksgiving Turkey.

We should also be thankful for friends and family. We have our good buddies on campus to talk to and eat with and, should an emergency arise, Mom and Dad are just a car or plane trip away.

Yet, another is freedom. Here, in the good ol' U.S.A. we have the right to speak, think, worship, and live as we choose. In some countries, people who speak against the government, or attempt to exercise some other freedoms are severly punished.

Perhaps we should all take a moment this Thanksgiving Day to think about all of the things for which we should give thanks. If you are Catholic, consider attending Mass on Thanksgiving. The word "Eucharist," infact, is derived from the Greek word ''eucharistos'' which means "thanksgiving."

Whatever you do this holiday we at the *Monarch* wish it to happy and healthy.

By Heidi M. Zeitler
Special to the Monarch

In today's news we hear many stories of the tragedies of people dying from hunger and disease. We also hear on the news celebrities asking us for our donations to help and save these dying people through monetary means. I believe as Christians that we need to do more than give our money.

The Saint Leo Campus Ministry is sponsoring a Food Basket drive for the hungry of Dade City and the surrounding area. Students of Saint Leo College will be delivering these baskets. But, I believe that we need to do more than just give them food once a year. I think that giving comes not only through monetary means but also through our time and talents.

As Christians we must take a stand against poverty and help the poor not only with money but through giving them human dignity. As the Gospels say we are to love our neighbor as ourselves. This means giving to them when they are in need.

Giving means sharing of yourself not only your wealth. It is more than adding an extra dollar in the collection basket on Sunday. It means to go out and help someone improve his life.

Every Thanksgiving and Christmas season millions of Americans gather with their relatives to give thanks for the lives with which God has graced them. I believe that as Christians we need to go out and give someone else a chance to live a life with dignity.

When we give someone the chance for a better life we give them their human dignity. Human dignity is the most precious gift a person can give to another human being.

In John 15:9 Jesus asks us to love one another as he has loved us. I believe that we need to love one another this Thanksgiving, and Christmas season by loving one another through the gift of giving ourselves to end the social injustice of poverty and hunger throughout the world. Each one of us can not change the world by ourselves but each one of us can change at least one person's life by giving of ourselves.

Monarch Poll: Bush approved by Saint Leo students

By John Merullo
Monarch Staff Writer

America has once again chosen a new leader from her ranks. Republican Vice-President George Herbert Walker Bush defeated '88 Democratic Massachusetts governor Michael Stanley Dukakis in the closest presidential election since 1976.

A presidential election affects all parts of the country—even sleepy college towns like Saint Leo, Florida. In a poll taken after Bush's victory was announced, most students asked approved of the country's choice.

Of twenty students asked, twelve reported that they were pleased with the outcome. Bill Adams, a senior English major said that he thought that either man would have been a good president, but was happy that Bush won because he felt that Bush had more experience in foreign policy.

Lynn Hudson, a junior elementary education major, said that Bush would keep the country going in the same direction in which it is going and added that Senator J. Danforth " Dan" Quayle (R., Ind.), Bush's running mate, would "do a good job" if he were to become president.

Four students polled felt that Dukakis should have won. Freshman theatre major Lisa McColgan said, dreading the prospect of a Quayle presidency, "I hope nothing happens to George Bush." Dianne Edwards, a freshman criminology sociology major felt that Bush was a "hypocrite." One other student said that he was moving to Europe in two months to "escape" Bush.

In an election as negative as this one, especially with the candidates bitterly attacking one another, it should come as no surprise that four students expressed no favorite between the two men. One junior summed her feelings very well, merely saying "Nahh!"

This poll is by no means scientific, but from it, one may conclude that the college students of the late 1980's are generally a conservative lot. They are happy with the trends in government of late and have no desire to change them at this time. This is very much in contrast to the liberality about college students of twenty years ago.

I should very much like to thank all who participated in this poll.

See you in '92!

Why do students attend college? Experts offer some answers

By DR. JAMAL A. SHURDOM

Higher learning institutions are producing to world civilization a large number of quality, skilled graduates who are determined to carry on the challenge and responsibilities of perpetuating future technological advancements needed to provide society with knowledge in today's complex world.

Pervasively, what are the real motivations behind a student's search for higher education? Is it reasonable to say that it is a bridge to "reach" the shores of future achievements for a psychological self-satisfaction, strengthening the individual's dignity, confidence and social status? Serious students are demanding the development of facilities...Why?

One scholar defined higher education as "the greatest equalizer of the conditions of man. This equalizer does more than just disarm the poor's hostility towards the rich; it prevents poverty itself." It seems fair to say that the judgment behind the search for education is partly contingent on ecopsychological, self-satisfaction motivations. Condensed, objectives include: knowledge as a tool towards a better occupation and economic prestige, income, image and social status and other fringe benefits. The "dual" objective is not a phenomenon to deface and negatively to deduce conclusions.

One student described his interest by stating: "My objective in higher education is to be able to get a better job. It is a very effective tool to be used in crossing over obstacles hindering the future goals in my life." Another student said, "Higher education of two main human aspirations: Knowledge and investment of such knowledge economically."

Statistics illustrate that higher learning insituations have increased in number throughout the world in the last few years. It incites a spark of optimism. Experts argue that not all the benefits of higher education are financially related objectives. The experience of the "degree program'' reflects the ''continuum phenomenum" in learning. It is observed that "graduates" continue to use educational facilities and written materials (newspapers, books, periodicals,....etc.) and are more aware of local and international developments, causing them to be more active in society, state, nation, and world politics (general evaluation).

one of the impressive features of a progressive economy." Graduates tend to be less subject to unemployment and illness, holding jobs that place them in lesser risk situations.

Experts say about 84 percent of male graduates are pervasively considered as professionals, managers and executives. Only about 16 percent of male non-graduates can be placed in those categories. In addition, graduates had about 24 percent monetary advantage in obtaining a good job over non-graduates. Lifetime earnings for non-graduates are 11 percent less.

I think, it is understandable to think about future economic investment through higher education while continuing a sharp focus on the values and principles, giving no consideration to financial interests. It would be a momentous attainment when higher learning is sought purely for the sake of knowledge. But finally, higher learning is a game we all should play, where you never lose, and which certainly is in your favor.

Dr. Shurdom is an expert in international affairs, national security and strategic studies; the executive director of Middle East Consultant Research Analysis (Winter Park); an adjunct professor in the Political Science Department of the University of South Florida (Tampa); a former Fulbright scholar in residence.

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Monarch

Monarch office hours are posted. The office is located at the East Basement level of Saint Francis Hall on Saint Leo campus, Saint Leo, Florida. The phone number is 588-8355.

Deadline for letters and materials submitted for the next issue is Nov. 22.

Opinions expressed and concepts presented in the Monarch are not necessarily that of Saint Leo College. The Monarch has the right to regulate the material and content presented for publication.

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College crowns king, queens

Barbara Anne Kirk, Gina Petti and George Bariso were crowned homecoming royalty at Saint Leo College Oct. 22.

The three were named at an after noon soccer match which highlighted the Homecoming/Family Fall Festival Weekend, Oct. 21-23. Other court members were Mary Beeman, Christopher Croghan, Mary Jude and Susan Weicherding.

Kirk and Petti are the school's first homecoming queens to share the crown. Kirk is a senior from Navesink, NJ, who is majoring in psychology and management. The daughter of Richard and Barbara Kirk is treasurer of Student Government Association (SGA) and president of Delta Phi Delta Sorority, as well as a student ambassador, and member of the Family Weekend committee. SGA president Gina Petti is a senior majoring in sociology and psychology, and student chairman of the Family Fall Festival activities. Petti is a College ambassador, chairperson of the Student Life Council and winner of the National Association for Campus Activities Southeast Region Student Leadership Award. She is the daughter of John and Shirley Sandusky, Hollywood, FL.

Senior George Bariso, son of Anthony and Marietta Bariso, Butler, NJ, is a restaurant management major. Currently SGA vice president, secretary of Sigma Phi Epsilon fraternity, College ambassador and a member of Campus Ministry, he has been vice president of Campus Ministry, a member of the cross country team and resident assistant.

The Homecoming Court in a candid moment

Junior Mary Beeman, daughter of Dorine and Joseph Beeman, Tampa, FL, is president of Campus Ministry and an elementary education major who was awarded "most outstanding resident assistant. Senior Christopher Croghan, son of John and Anne Croghan, Miami, FL, is a soccer letterman, physical education major, head athletic trainer and the inter-fraternity council representative for Kappa Alpha Sigma Fraternity. Senior Mary Jude, vice president of Campus Ministry and of the Pre-Law and Debate Society and chaplain of Alpha Xi Omega Sorority is a social work major. She is the daughter of William and Patricia Jude, Deerwood, MN. Senior Susan Weicherding, daughter of John and Sandra Weicherding, Valrico, FL, is an accounting major. She is senior class treasurer, a member of Delta Phi Delta Sorority, Panhellenic representative and captain of the 1987-88 volleyball and basketball teams.

Students find a table at Family Festival picnic.

Sandi Kelly, Eileen Rea and Amanda French are all dressed up for the Family Festival parade Oct. 22.

Theatre to present comedy

By Eileen Rea
Monarch Staff Writer

It seems as soon as the set for *Beyond the Horizon* was struck, auditions for the upcoming production, *The Male Animal*, began. The cast is now chosen and working daily with C. David Frankel to make opening day.

The play will run from Wednesday, Nov. 30 until Sunday, Dec. 4. All shows will begin at 8:15 p.m. except the matinee at 3 p.m.

This comedy by James Thurber and Elliot Nugent is based on American fears of communism in the 1940's. It takes place on the Midwestern University campus, where Tommy Turner (played by Darren Felty) is debating whether or not to read a letter written by alleged anarchist, Bartholmeo Venzetti, to his class. This plot, along with the sub-plot about Tom's jealousy of his wife, Ellen (played by Kaarla Geiger), and ex-boyfriend Joe Ferguson is a satirical look at Americans and personality.

The actors and actresses and the script itself are extremely promising.

Don't forget to reserve yourself a ticket as soon as possible! Call 8294.

Call for more Christmas cards

COLUMBUS, GA (Home of Ft. Benning and the Infantry) — The 1988 Christmas Mail Call is Now Underway! Smiles were the order of the day last year as Christmas greetings arrived from school children, high school and college students, retirees, veterans auxiliaries, churches ... from Americans of just about every walk of life. Though the mail came from every part of the country, "Mail Call" was the common denominator. The cards and letters were sent to hundreds of military units and activities all across the U.S. and around the world by the Christmas Mail call program of Military Mail Call, a nonprofit activity now headquartered in Columbus, helping to put a smile on the Christmas Season for more than 100,000 of our servicemen and women.

Letters from a couple of Air Force chaplains portray the good results: From a base in the U.S., "Received...letters from your organization (and) took them to a security police squadron that had to pull guard duty on Christmas Eve and Christmas Day. I also took apples, oranges, cookies and hot apple cider. The troops went for the mail before the food."

Texas A&M at College Station was number one nationwide, through the efforts of Naval ROTC along with National Residence Hall Honorary and the Residents of Clements Hall. Also participating: Campus Ministry of Saint Leo Colege, Saint Leo. Theresa Pepe, Valerie Bednarz and Mary Beeman earned certificates by sending the required number of cards.

Mail Call is an exciting project for individuals, student organizations, other family members, groups, churches .. in short, for just about everybody! For detailed information on how to be a part of this unique, patriotric program please send your name and address along with a first-class postage stamp (not a self-addressed, stamped envelope--just a stamp) to: Military Mail Call, Box 2530, Ft. Benning, GA 31095-1130, and mention how you learned of Mail Call. Thank You!

La Triviata

by JOHN A. MERULLO

This year marks the fiftieth anniversary of the Superman character, in honor of which, this first column of the year is dedicated to comic books and superheroes.

1. In which comic did Superman first appear?
2. Where was Wonder Woman "born?"
3. What was comicdom's first super-hero team?
4. When the Legion of Super-Heroes debuted in 1958, how many members did it have?
5. From which planet to the current Hawkman & Hawkwoman hail?
6. What was the "Crisis on Infinite Earths?"
7. What are the alter egos of the three Flashes?
8. Under what costumed identities do the original Green Lantern's daughter & son operate?
9. When Dick Grayson, the original Robin, decided to fight crime solo rather than being Batman's sidekick, what name did he adopt?
10. What name did the group which arose from the ashes of the Justice League of America take when officially sanctioned by the U.N.?

La Triviata Answers

1. Superman first appeared in Action Comics #1, dated June 1938. One issue of that magazine today would sell for over $40,000.
2. Princess Diana (not Prince Charles's wife) also called Wonder Woman was born on Paradise Island, properly called Themiscyra. It is ruled by her mother Queen Hippolyte.
3. The Justice Society of America was formed in All-Star Comics #3, dated Fall 1940. Its original members were: the Spectre, and the "Golden Age" (original) versions of the Flash, Green Lantern, Atom, Hawkman, Hourman, Sandman, and Dr. Fate.
4. There were originally three members of the Legion: Cosmic Boy, Lightning Lad (called Lightning Boy in the first story), and Saturn Girl. Membership now totals approximately 25.
5. They were born on Thanagar which orbits Polaris. The original Hawkman and Hawkgirl were from earth.
6. The "Crisis" was a series in which DC Comics revised their characters, established a mainline continuity for their books, and eliminated the "multiple earths" which confused many readers.
7. The "Golden Age" Flash of the 1940's was named Jay Garrick. Years later, Barry Allen became the second Flash. When he was killed, his nephew Wally West (previously known as Kid Flash) became the third Flash.
8. Jade & Obsidian are the original GL's children. They were members of a team called Infinity, Inc., a group consisting of children and proteges of the Justice Society.
9. Grayson became Nightwing. Batman took a boy name Jason Todd under his win (pun intended) to be the new Robin.
10. It became the Justice League International, which has members from the United States, the USSR, Brazil, and Scandinavia.

Shane Sharbono, Vicki Beasley, Lori Donaldson, Helena Dackerman, and Joel Sherman rehearse for dance concert.

Fall dance concert mixes humor and drama

SAINT LEO, FL - The Saint Leo Dance Company and Ensemble presented their fall Dance Concert Wednesday, Nov. 9 through Saturday, Nov. 12 at 8:15 p.m. in the College Theatre. The program included both classical and contemporary works choreographed by the dance faculty.

Saint Leo students performing in the concert were seniors Helena Dackermann and Christina Schultz, junior Lori Donaldson, sophomores Carmen Carter, Tracy Dobin, Laurie Romeo, Lori Schiavone, Shane Sharbono, Joel Sherman and Ginny White, and freshmen Jennifer Ambrose, Vicki Beasley, Anne Berrey, Tina Cirillo, Cheryl Medeiros, Kelly Milner, and Katherine Ziadie.

The program included "Stride," a new modern dance set to the pulsating rhythms of Phillip Glass, "Cascade," an abstract ballet accompanied by a Bach concerto for harpsicord and violin, "Soap" a humorus comment on the complexities of afternoon television's soap operas, and "Endless Journey," in which the seven dancers portrayed primitive people of "the past," people celebrating life in "the present," and controlled entities in "the future."

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Help is available for people with eating disorders

By Deborah Russo
Special to the Monarch

Do you know someone with unusual eating habits: (e.g. binge-eating and purging)?
If you do, then leaving the troubled person alone may be your biggest mistake. Such a person may be showing signs of an eating disorder. In such a case an outsider can make a difference.

Bulimia and anorexia are two types of eating disorders.

What is bulimia? It is an eating disorder characterized by episodic patterns of binge-eating and purging. Binge-eating is the rapid, uncontrolled, often frenzied consumption of large amounts of food, usually to the point of great discomfort. Binges may last from a few minutes to several hours. The number of calories consumed may range from 1,000 to 5,5000 per binge. Purging is getting rid of food eaten during a binge. The most common method of purging is self-induced vomiting. Other methods are laxative abuse, fasting, severe diets, vigorous exercise, and ipecac syrup abuse.

What is anorexia nervosa? It is self-imposed starvation. Those suffering with this eating disorder refuse to eat despite their shockingly thin appearance. They have an extreme fear of gaining weight and suffer severe body image distortion. They literally stop eating or consume as little as 200 calories per day. They often exercise to excess and may also abuse diuretics and laxatives. Many are in danger of dying.

What are the warning signs that may indicate a friend or family member might have an eating disorder? They include: Increased isolation from friends and family; looking thin and keeps getting thinner; leaving laxatives or diuretics lying around; liking others to eat instead of them; cutting down on caloric intake; wearing baggy, loose fitting clothes; skipping meals, cutting food into small pieces, or eating a huge amount of food all at once, in public or private (usually in private); makes frequent trips to the bathroom after every meal or during meals. Face looks pale, hair is limp, salivary glands may be chronically swollen. Seems sad, angry, irritable, hyperactive, cries easily, and seems to be alone often. Fainting, blacking out, dizziness, and/or having difficulty concentrating. Secretiveness; perfectionism; compulsive exercising; avoiding coming to table; seeming tense at meals; hiding food in room.

Remember, "one sign does not an eating disorder make." There will always be more than one or two warning signs. Signs work together.

How does one help a friend or family member who has an eating disorder? Some important do's are: Do remember anorexia/bulimia are potentially fatal diseases, and occasionally drastic steps must be taken. Do recognize that you can help. Do listen with respect and sensitivity. Spend quality time talking with them. Make them feel comfortable. Do be yourself. First tell them how you feel emotionally. Be honest in sharing your feelings: e.g. "I care about you." "It's hard for me to watch you hurt yourself." Do be consistant and repetitive; without attacking them; e.g. "I think you need help." Do give non-judgemental feedback in "I statements" e.g. "I see you refuse to eat with other people." Do suggest they get some help: e.g. "Have you thought about getting help?" "I know someone who may be able to help." Do ask for help yourself if you suspect you have anorexia or bulimia. Do remember professional help is necessary.

Some important don'ts are: Don't take action alone: You need support too. Don't be afraid to upset your anorexic/bulimic friend. Don't keep their secret from the family when their health and thinking are impaired. Don't be deceived by their excuse: e.g. "It's not really that bad. I can control myself." Don't forget that denial is a form of selective "deafness." Don't analyze or interpret. Don't try to cure yourself or others alone, instead seek professional help.

For help, call ZTA Campus Call Center for Eating Disorders; Nationwide: 1-800-336-FREE or contact Saint Leo College Counseling Center.

The individual with an eating disorder is dealing with a multitude of emotions. It is sometimes easy to underestimate the degree of pain they may be experiencing. Try to remain patient and don't forget to express your love. And always remember, an eating disorder can be a dangerous threat to one's physical and psychological health.

Major portions of this article have been adopted from: BASH, Deaconess Hospital Literature, Scriptographic Booklets, and Zeta Tau Alpha Programming Literature.

Students helping students

By John A. Merullo
Monarch Staff Writer

Dr. Stephen Kane, director of the counseling center at Saint Leo College, says that some interesting things will be happening at the center during the 1988-89 academic year.

One of these is the Peer Counseling program.

"The Peer Counseling program started two years ago," reports Kane, and in that time its character has changed."

He says that when the program started it consisted of sixteen or seventeen students who met once a week to discuss counseling techniques and theories — more of a club than a counseling program. Since then, Kane has "pared down" the program so that it now includes "students who are a little bit older than traditional students and have special skills, interest, and training."

Two new segments of the peer counseling program are the freshman peer counselors and the international peer counselors.

The Freshman program is run by Patrick Ewers, a freshman who was involved in a similar counseling program in high school.

"It's for... (students) who are in trouble, in conflict, or unhappy."

-Dr. Stephen Kane

"It's for freshmen who are in trouble, in conflict or are unhappy," explains Kane.

The international counselor is Agnes Smith, a social work major from the Bahamas. Her goal is to help students from other countries adjust to attending school in America.

Students Chris Reardon and Melody Shanaberger staff a program about drugs and alcohol. A similar service is provided by Sue Wright in her dependency awareness group.

Sister Teresa Lavelle, O.S.B., a senior social work/religious studies major runs a program called Step One for the adult children of alcoholics.

Dr. Kane stresses that the peer counselors are students who give advice and support in certain areas. Students seeking individual therapy should see Dr. Kane himself.

Also new in the counseling center this semester is Deborah Russo, a graduate student from the University of South Florida. She is doing an internship at Saint Leo this semester. She is especially concerned with students with eating disorders.

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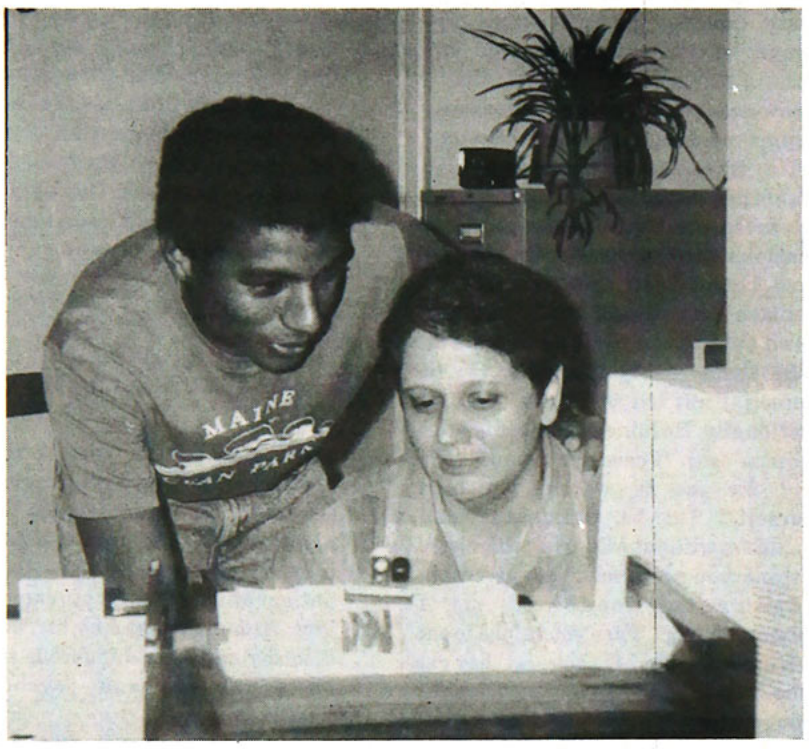
Tippi Curry loves her "kids"



Tippi Curry enjoys working with students and shares a smile with Lincoln Gomez.

By Denise K. Ramsay
Monarch Staff Writer

Florence "Tippi" Curry is a name known to most of the students on campus, but many students associate her name with disciplinary action. She works with Frankie Minor, Director of Residential Life.

Tippi was born in Manor, Pennsylvania, and her family moved to Florida a couple of years later. Most of her life has been spent here in Florida and she plans to stay in this area for the rest of her life.

When she graduated from high school, she owned a small restaurant for five years. Soon after she sold the restaurant, she bought a clothing store from a close relative, and the store was sold about five years later.

Coming to Saint Leo College was a great change for her. Tippi lives in Dade City with her husband, Allen Curry. They have been married for eleven years. She and her husband have not had any children, but all 1,100 students here at Saint Leo College are her "kids."

Tippi said, "The students here keep me young. I feel good about what I do here at Saint Leo."

Tippi enjoys working with the students and with the Residential Life Staff. She stressed that she is there to help, guide and serve the students of Saint Leo College.

Her other loves are fishing, crocheting, making arts and crafts and working with computers. Tippi loves her home life and prefers not to travel. She keeps her feet firmly planted on the ground.

Tippi wants everyone to remember that she is there to be a friend to the students of Saint Leo. If anyone has a problem or just wants to talk, come by and see her. That is what she is there for.

The Office of Student Affairs is located in Saint Edward Hall. Please come by and see her.

TV's all time top ten

By JOHN A. MERULLO
Assistant Editor

I admit it. I am a first class couch potato. Put me in front of a television set and I'm bonded to it till the cows come home.

As I did watch so much television while I was growing up, I consider myself to be an amateur critic of the medium. Therefore, I have compiled a list of my top ten favorite programs of all time.

Here, then, is my list:

10. "The Dick Van Dyke Show" (1961-1966): This was the original "series within a series". The situations created by Rob Petrie, headwriter for a comedy/variety series called "The Alan Brady Show", and his co-writers Buddy and Sally were hysterical. There were a lot of good one liners in this program. The actress who played Petrie's wife Laura went on to star in...

9. "The Mary Tyler Moore Show" (1970-1977): You either like this show or you don't. I do. It had a very good cast, and Mary could "turn the world on with her smile."

8. "Newhart" (1982-preent): This, Bob Newhart's second successful series (In his first, he placed a Chicago psychologist) is set in a small inn in rural Vermont. The show's most outstanding feature is its array of supporting characters including George, the dim-witted handyman; Michael and Stephanie, the world's cutest couple (at least they think so); and of course Larry, his brother Darryl, and his other brother Darryl.

7. "Bewitched" (1964-1972): Darrin and Samantha Stephens appeared to be a normal 1960's TV couple. Darrin was an executive at an accounting firm and Sam stayed home to care for their children Tabitha and Adam. The only thing which one might consider just a tad odd was the fact that Samantha was also a witch. Need I say more?

6. "The Waltons"(1972-1981): This family drama's setting was rural Virginia during the Great Depression. John and Olivia Walton lived in the shadow of Walton's Mountain with John's parents and seven children, each of whom had a distinct personality. The show's happenings were seen through the eyes of the eldest son who was known as John-Boy. (Wow! Seven kids and only one bathroom!)

5. "M*A*S*H" (1972-1983): The 4077th Mobile Army Surgical Hospital handled all kinds of tragedies as it was only five miles from the front (near Uijongbu) during the Korean War; however, the gloom and doom was always broken by the good humor and crazy antics of the doctors, nurses, and enlisted men. It had a cast of fully developed characters who grew and changed as the show progressed. It was certainly the best of the "war comedies".

4. "I Love Lucy" (1951-1957): Don't we all? The misadventures of the crazy redhead are as funny now as they were 35 years ago. Lucy, Ricky, Fred, and Ethel are American legends. I never get tired of them.

3. "The Edge of Night": (1956-1984): Yes, this is a soap opera. Like other members of the genre "Edge" had some romantic stories, but it was most famous for its orientation toward crime and mystery. It revolved around Mike Karr, a lawyer (later the district attorney); his wife Nancy, a journalist; and the people of Monticello, a middle-sized, middle-American city with a disproportionately high crime rate. "Edge", due to its mystery emphasis, was probably the "cleanest" daytime drama, with fewer "bedroom scenes" than many of the modern situation comedies.

2. "Jeopardy!": (1962-1974; 1979; 1984-): Possibly TV's best game show ever, this was originally hosted by Art Fleming, now by Alex Trebek. Billing itself as "trivia with a twist", the show provides the answers to which the contestants must formulate questions. This is my kind of trivia--hard. It's almost as tough as "La Triviata".

1. "Star Trek": (1966-1969; 1973-1975; 1987-) In its first two incarnations, (the second as an animated cartoon), "Trek" featured one of television's first (and best) ensemble casts. Last year saw the debut of "Star Trek: the Next Generation" with an all-new cast. While it is not yet on the same level as its predecessor, I feel that it will grow into a classic as well if given time to mature.

There you have it: my top 10. If any of you would care to list your favorite shows, drop it off at the Monarch office. We will compile a list of everyone's top 10 in a future issue.

The roaring twenties at Saint Leo

Joel Sherman and Lori Donaldson hoof to the Chorale's crooning at Humanities Festival Oct. 21.

By Dan Maltese
Monarch Staff Writer

On Oct. 18, Saint Leo College began a weekend of fun and entertainment at the school's annual Humanities Festival. This year's theme was "America: The 1920's," which introduced five play performances from Pulitzer-prize winner Eugene O'Neill.

Each year, the festival offers an afternoon of free music, dance, games, and food to all students and the public. Among the many who attended the day-long event were students from St. Anthony's school in San Antonio.

Dr. Mark Newton, Asst. professor of English, one of the festival coordinators, said this year's theme from the 1920's has been the most successful. "Each year we try to fit the theme to some popular era in time," he said. Dr. Newton said organizations throughout the school provided food and drinks. He added that much of the festival's success was due to the publicity it received from Student Government Association.

Next year, Dr. Newton hopes the attendance at the Humanities Festival will double.

Montgomery promoted

Montgomery Named Saint Leo College Assistant Registrar

SAINT LEO, FL - Patricia A. Montgomery has been named the assistant registrar for Saint Leo College, according to an announcement from College president Msgr. Frank M. Mouch.

Mrs. Montgomery is a graduate of Glassboro State College, Glassboro, New Jersey.

She began work at Saint Leo College in 1973 as an external degree evaluator for the school's Military Education Program and Educational Services (adult education) Program. She began her position as assistant registrar in July, 1988. In addition to her duties as assistant registrar, she also oversees the transfer evaluations of students in the College's external degree programs.

Briefs

Debate Society sponsors Voter Registration.

On Wednesday, October 5, 1988 the Pre-Law and Debate Society sponsored a Voter's Registration Drive outside of the cafeteria in the McDonald Student Center. Members of the Pre-Law and Debate Society were trained and certified as deputy registrars at the Pasco County Board of Elections.

Tables were set up outside of the cafeteria with several members each taking an hour shift to do registrations.

The response was encouraging. During the three-hour drive, which was also open to the general public of Pasco county, thirty-three registrations were taken. While the majority of registrations were by students, faculty, administration staff, several private citizens also registered.

In keeping with its mission statement, the Pre-Law and Debate Society was glad to be of service to the Saint Leo College student body, and the Pasco county community.

The Pre-Law and Debate Society would like to thank Mr. Kurt Browning, Pasco County Supervisor of Elections, for his assistance. I would also like to thank, as well as congratulate, all who took part in the Voter's Registration Drive.

College Holds "Fast Lunch" for World Hunger

SAINT LEO, FL - Fresh-baked bread, warm form the oven, was not what Campus Ministry director Sister Geraldine Warthling, O.S.F., had in mind when she and students planned a simple lunch of bread, water and soup to observe World Food Day. "I asked for leftover soup and leftover bread, because that's what the poor eat," she said. But Marriott corporation donated the fresh meal to the hunger awareness project, keeping the costs down, and adding to the amount the group can donate to groups who help the poor both locally and abroad.

Campus Ministry sponsored the fast day and luncheon for students, staff and faculty. Besides the simple meal of vegetable broth, bread and water, the 45 participants held a prayer service for the poor, led by Campus Ministry president Mary Beeman.

Students fasting for the day had collected pledges from fellow students and staff members, Sister Geraldine said. The money will be donated to Abba Farms, Daystar Life Center, Farmworkers of Dade City, Holy Name Priory and Catholic Relief Services for distribution to the poor.

Saint Leo College Receives TECO Grant

SAINT LEO, FL - Tampa Electric Company made a $6,144 gift to Saint Leo College recently, part of the power company's Corporate Contributions/ Athletic Field Lighting program. The check, presented to College president Msgr. Frank M. Mounch by TECO's Pasco County district manager Ed McNally, represents a percentage of the electrical costs for lights on the Thomas B. Southard Baseball Stadium. Athletic director Norm Kaye applied for the grant under a TECO program which supports groups in fields of education, health and human services, civic and community development and arts and culture.

Let's get involved!

By Eileen Rea
Monarch Staff Writer

Do you think there's nothing to do on campus? Are you sick of doing the same old thing every night? The cure for the campus blues is to get involved. With the twenty-two organizations and thirteen fraternities and sororities, there is a place for you. Just a bit of effort from you could mean an abundance of fun and experience.

SGA (Student Government Association) is a combination of representatives from all the organizations and interested students. The meetings are every other Monday at 6 p.m. and are open to all students. If you want to know everything that is going on at Saint Leo, this is the club for you. SGA members also have the most power to change things on campus. It has different committees, such as traffic, food, etc. that work with faculty to solve campus problems.

CUB (College Union Board) plans and runs most of the entertainment on campus. Every student is a member of CUB, unfortunately only a handful attend the meetings every Tuesday at 6 p.m. CUB sponsors big events, like the recent Bowl Blow Out featuring Alter Ego and next semesters CUB Day.

Pre Law and Debate Society is a club for those interested in becoming lawyers and politicians. This Friday they are going to Stetson College for a debate. This is also a good organization for anyone who is interested in public speaking.

Campus Ministry is an organization that helps the under privileged in the area. They recently sponsored a fifties dance and are now dedicating themselves to putting together Thanksgiving Baskets.

Saint Edward/Saint Leo Hall Government has recently torn down the walls in the basement of Saint Ed's. They plan on repainting the walls with a continuous theme mural. They are looking for artists to dedicate some time to this project. The Gov't has also submitted a proposal to renovate the three back rooms of the basement to a TV/Study Lounge.

CEC (Council for Exceptional Children) is a club for students interested in teaching and helping physically and mentally handicapped children. They recently sponsored a Halloween party at the Atkins Group Home. Coming up they plan to go to an Awareness and Information Day, to host pictures with Santa and a guide dog demonstration.

These are just a few organizations present on campus. For more information on these and other organizations contact the club members and check the Say So daily.

Off Campus News: The New Port Richey Parks and Recreation is sponsoring a Country Folk Festival on Saturday and Sunday November 19 and 20, 1988 from 10 a.m. to 5 p.m.

ROTC scholarships: Be all you can be

7:00 formation

By Jeffrey W. Brlecic
Monarch Staff Writer

The Saint Leo College Army Reserve Officers Training Corps (ROTC) program can add an extra dimension to a student's life. It can also provide significant financial aid through a number of options.

It is a co-educational program dedicated to giving the student the opportunity to earn a commision as an officer in the Army Reserve, National Guard or Active Army. The program requires either one, two, three, or four years to complete, depending on the student's qualifications.

It is divided into a one or two-year no-obligation Basic Military Science Course. Students with prior Active Duty, High School JROTC, National Guard, or Army Reserve service may receive credit for the Basic Course and qualify for placement into the Advance Course. Students receiving placement into the advance Course normally complete the ROTC program in two years. During the Advanced Course, students are paid $100 per month (ten months each year), and approximately $650 for attendance at a six week summer camp.

The Army ROTC program awards two and three year scholarships to eligible students on a competitive basis. Applications for the scholarship are accepted at the start of the Spring Semester. Students do not have to be enrolled in ROTC to apply for one of the scholarships. The student must have a minimum 2.7 GPA. As a scholarship recipient a student would receive full payment for tuition, books, lab fees, and other educational expenses plus $100 per month for up to 10 months of each school year and approximately $650 for the summer camp. The scholarship may be used at any school in the United States that offers Army ROTC instruction.

The major thrust of the curriculum is directed toward developing leadership and managerial skills. The program is "outdoors oriented" and stresses the practical experiences needed to develop tactical and technical competency. Campus based training activities include the use of the latest Army equipment. Skill training in the area of rappelling, waterborne operations, and field tactics are stressed. Parachute training, Ranger training, Air Assault training and Northern (winter) Warfare training would be available to you on a voluntary basis. Scholarship applications are now being taken. Contact SFC(P) Ridgewell or Mrs. Gillespie at extension 8256 for an appointment.

Benjamin Burch takes aim on the 25-meter rifle range.

Update on men's basketball

By Paul Studer
Monarch Sports Writer

The Saint Leo College men's basketball team, barring injuries, may challenge for supremacy in the talented Sunshine State Conference. A possible question mark is six foot six, 215 pound power forward/center Ron Taylor. He has been out of play for a year with a broken wrist. The cast came off on Oct. 21. The wrist is in satisfactory condition. Unfortunately though, it has recently been discovered that his other wrist is now suffering from a hairline fracture. Coach Gillespie has decided to play him regardless. Taylor plays an imperative role on the team, not only in terms of exceptional talent but in the leadership role as well. The Monarch's without Taylor is analogous to McDonald's without Ronald.

The guard situation is about as clear as Lake Jovita, with four players vying for the two starting positions. Last year's starting point guard, Tyburn DeBellotte will be challenged by highly regarded Junior College transfer Carl Green, by Agres Thorpe, last year's second leading scorer, and by Brian Richert. The forward position is very strong with Mark Van Gerpen and New York City-bred Pierre Augustine having all-star capabilities. Eric Brooks, at six foot three and 200 pounds is a powerhouse and will be counted on by the team to produce. Six foot four freshman Jason Joseph has been labelled by the coach as an "impact player." If all goes well, Ron Taylor will play center. Although only six foot six, he can leap through the roof and can rebound with the best. He will be backed by the much improved Slader.

Preseason conditioning has been intense as weight lifting and running in the pool are two exercises performed. From with Coach Gillespie and assistant coach Dunne, overtones of optimism and a determination to win, as well as a high regard for the team members are obvious. Gillespie's goal is to have the basketball program "a first class act-both on and off the court."

The coaches also emphasized the need for student and faculty support. In years past we as students have been dwarfed and silenced by rivals as far as fan participation and roudiness is concerned. The asked Saint Leo College to show Florida Southern, U. of Tampa, Rollins, etc. who the real fans are by giving wholehearted support to the men's basketball team this year.

Two and a half hour practices, six days a week, along with lifting weights three times a week shows the dedication required to play for Saint Leo. Despite the dawning of a new season, Coach Gillespie and Assistant Coach Dunne are planning for the future as four recruits were on campus this weekend. Nevertheless, the focus is on this year's team, and again, barring injuries or unforseen setbacks, the 1988-89 Monarchs could challenge for supremacy in the very competitive Sunshine State Conference.

Practice starts

The Saint Leo College Men's Basketball team is now formally into the 1988-89 season. It was started with the 12:01 practice on Oct. 15. Coach Gillespie stated that the student turnout was excellent, with about 275 people in attendance. He wishes, as the rest of the team does, to thank all that showed and hopes that the great turnout is indicative of the rest of the season.

After nearly one month of practice, certain players have been pleasant surprises. Ron Taylor has had the pins removed from his left wrist and the cast came of on Oct 21. He is however, playing very well despite the wrist injuries. Angres Thorpe also received praise from the coach and is labelled a probable starter. Brian Richert and Tyburn DeBellotte are both playing well and are battling for the starting point guard position. Mark Van Gerren has been solid in practice and is a definite starter. Pierre Augustine, also a definite starter, is an offensive force but must work defensively. The biggest surprise however, is Rich Slader. He comes ready to play everyday. He has great potential and will perform a criucial role as Taylor's backup at center.

Two and a half hour practices six days a week, along with lifting weights three times a week shows the dedication required to play ball for the Saint Leo Monarchs. Despite the dawning of a new season, Coach Gillespie and Coach Dunne are planning for the future as well. Recently, several young basketball recruits have been visiting the campus to check out the Coach's program. Nevertheless, the focus in on this year's team. Barring injuries or other unforseen setbacks, the 1988-89 Monarchs could challenge for supremacy in the very competative Sunshine State Conference.

Todd Broadwater announces a Monarch game.

A Monarch Legend

By Bill Darnall
Monarch Sports Writer

J. Todd Broadwater, voice of the Monarchs, has been announcing soccer, basketball, baseball and volleyball at Saint Leo for 2½ years. Broadwater, a junior from Ft. Lauderdale is also president of Sigma Beta Fraternity.

Broadwater says, "I began my senior year in high school announcing Varsity basketball games, but I never thought I could do it on a collegiate level." He has done it though, and is one of the best announcers in the Sunshine State Conference.

He attributes his success to hard work. "Knowing all sports and studying teams and players is the key to being a good announcer."

Todd is majoring in accounting, but would like to announce professionally some day. "The Miami Heat Basketball team would be great to work for," says Todd, but he knows that announcing is a very competitive field.

His favorite announcers are Al Michaels and Howard Cosell. Whenever Todd's not announcing games around campus or studying accounting, one can usually find him fishing somewhere. "Coming from Ft. Lauderdale I am able to deep see fish a lot, I also go to the Everglades as much as possible to catch bass."

J. Todd Broadwateris a Monarch legend. Look and listen for him at all Monarch games.

Sports shorts

The Saint Leo College Men's Soccer Team ended their 1988 season this past weekend. The Monarchs finished with a (2-13) overall record and (0-6) in Sunshine State Conference play.

Jimmy Murdaugh from New Port Richey, was involved in 10 of the 12 goals scored this season. Murdaugh had 17 total points which put him among the scoring leaders in the conference. Defensively, senior goal keeper Ken Finch from Orange Park, was outstanding in the net by recording 120 saves while starting all 15 games for the Monarchs.

Henderson Honored

Hal Henderson, former soccer coach at Saint Leo College and currently soccer coach at Nova University in Ft. Lauderdale, Florida, will be inducted into the NAIA hall of fame on Nov. 20.

Henderson, who left Saint Leo for Nova last April, was chosen for the honor for his "athletic achievements and his exemplifying the highest ideals of intercollegiate athletics and fine moral character," according to a Nova University press release.

Saint Leo College congratulates Henderson on this achievement.

Cross Country Improved

Both Men's and Women's Cross Country teams ended a much improved 1988 season. Their team times and finishes beat last year's results. Top men's runner was freshman Larry Lavacca from Tampa who finished first for the team in every meet. For the women, senior Raquel Sears of Nassau, Bahamas was outstanding all year.

Baseball completes Fall Exhibition Season

The Monarch Baseball Team ended a very successful 1988 fall exhibition season by winning three in a row over the weekend. The Monarchs finished their campaign with a 9-4-2 record.

A Monarch player inbounds the ball.